

"Spring Into Vineyard"

*All activities/times are subject to change at any time.

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:30 Chair Yoga 10:15 Daily Horoscopes 11AM Arts & Crafts 1:30PM Lunch Laps 2PM Bingo 3PM Courtyard Music 4PM Bowling 7PM Evening Art	Dining Schedule Breakfast Served 8AM- 9AM Lunch Served 12PM-1PM Dinner Served 4:30PM- 5:30PM					April Fools 1 9:30AM Chair Yoga 10:15AM Pictionary 11AM Kickball 1:30PM Lunch Laps 2PM April Fools Jokes 3PM Ring Toss 4PM Mix and Mingle 7PM Evening Art
2 9:30AM Sit and Stretch 10:15AM Catch and Throw 11AM Bowling 1:30PM Manicures & Hand Massage 2PM Sunday Sundaes 3PM Golf 4PM Hang Man 7PM Puzzles	3 9:30AM Chair Exercise 10:15AM Pictionary 11AM Shoot Through Hoop 1:30PM Afternoon Stretch 2PM Balloon Volleyball 3PM Tug of War 4PM Foosball 7PM Board Games	4 9:30AM Chair Yoga 10:15AM Trivia 11AM Arts & Crafts 1:30PM Parachute Toss 2PM Bowling 3PM Pictionary 4PM Ring Toss 7PM Evening Art	5 National Walking Day 9:30AM Sit and Stretch 10:15AM Dog Therapy 11AM Manicures & Hand Massage 1:30PM Aromatherapy & Tai Chi 2PM Lunch Laps 3PM Bingo 4PM Mix & Mingle 7PM Card Games	6 9:30AM Chair Exercise 10:15AM Daily News 11AM Arts & Crafts 1:30PM Tic-Tac-Toe 2 PM Dance Party 3PM Finish the Phrase 4PM Feature Film 7PM Puzzles	7 9:30AM Chair Yoga 10:15AM Dog Therapy 11AM Memory Matching Cards 1:30PM Move & Groove 2PM Manicures & Hand Massage 3PM Bowling 4PM Sing-Along 7PM Evening Art	8 9:30AM Sit and Stretch 10:15AM Magic Tricks 11AM Arts & Crafts 1:30PM Move & Groove 2PM Bingo 3PM Tug of War 4PM Kickball 7PM Card Games
9 Easter Sunday 9:30AM Sit and Stretch 10:15AM Hang Man 11AM Catch & Throw 1:30PM Show and Tell 2PM Sunday Sundaes 3PM Egg Hunt 4PM Mix & Mingle 7PM Cornhole	10 9:30AM Chair Exercise 10:15AM Trivia 11AM Arts & Crafts 1:30PM Telephone 2PM Manicures & Hand Massage 3PM Courtyard Music 4PM Parachute Toss 7PM Card Games	11 9:30AM Chair Yoga 10:15AM Balloon Volleyball 11AM Catch & Throw 1:30PM Popsicles in the Courtyard 2PM Cornhole 3PM Bingo 4PM Trivia 7PM Puzzles	12 Grilled Cheese Sandwich Day 9:30AM Sit and Stretch 10:15AM Daily News 11AM Paper Airplanes 1:30PM Mix & Mingle 2PM Cooking Class- Grilled Cheese 3PM Trivia 4PM Move and Groove 7PM Evening Art	13 9:30AM Chair Exercise 10:15AM Catch & Throw 11AM Show and Tell 1:30PM Lunch Laps 2PM Arts & Crafts 3PM Manicures & Hand Massage 4PM Kickball 7PM Mix & Mingle	14 9:30AM Chair Yoga 10:15AM Dog Therapy 11AM Trivia 1:30PM Finish the Phrase 2PM Afternoon Stretch 3PM Popcorn & Movie 4PM Tic-Tac-Toe 7PM Card Games	15 9:30AM Sit and Stretch 10:15AM Balloon Volleyball 11AM Manicures & Hand Massage 1:30PM Lunch Laps 2PM Entertainment- Leon 3PM Catch & Throw 4PM Walking Laps 7PM Puzzles
16 9:30AM Sit and Stretch 10:15AM Arts & Crafts 11AM Ring Toss 1:30PM Afternoon Stretch 2PM Sunday Sundaes 3PM Bingo 4PM Kickball 7PM Crossword	17 9:30AM Chair Yoga 10:15AM Kickball 11AM Manicures & Hand Massage 1:30PM Lunch Laps 2PM Cooking Class- Milkshake Monday 3PM Water Balloon Toss 4PM Cornhole 7PM Mix & Mingle	18 9:30AM Chair Exercise 10:15AM Daily News 11AM Arts & Crafts 1:30PM Courtyard Music 2PM Scenic Drive- Plane Landing 4PM Beach Ball Fitness 7PM Puzzles	19 National Hanging Out Day 9:30AM Sit and Stretch 10:15AM Dog Therapy 11AM Manicures & Hand Massage 1:30PM Courtyard Music 2PM Courtyard Popsicles 3PM Mix & Mingle 4PM Balloon Volleyball 7PM Card Games	20 9:30AM Chair Yoga 10:15AM Balloon Volleyball 11AM Show and Tell 1:30PM Lunch Laps 2 PM Scenic Drive-Plane Landing 4PM Mix & Mingle 7PM Evening Art	21 9:30AM Chair Exercise 10:15AM Dog Therapy 11AM Bingo 1:30PM Afternoon Stretch 2PM Cooking Class- Root Beer Floats 3PM Arts & Crafts 4PM Shoot Through Hoop 7PM Count Stars in Courtyard	22 Earth Day 9:30AM Sit and Stretch 10:15AM Daily Horoscopes 11AM Trivia 1:30PM Courtyard Music 2PM Gardening 3PM Bingo 4PM Move & Groove 7PM Card Games
23 9:30AM Sit and Stretch 10:15AM Riddles 11AM Bingo 1:30PM Afternoon Stretch 2PM Sunday Sundaes 3PM Manicures & Hand Massage 4PM Freeze Dance 7PM Card Games	24 9:30AM Chair Yoga 10:15AM Color Lab 11AM Show and Tell 1:30PM Lunch Laps 2PM Scenic Drive-Veterans Memorial 3PM Arts & Crafts 4PM Beach Ball Fitness 7PM Puzzles	25 National Pretzel Day 9:30AM Chair Exercise 10:15AM Daily Horoscopes 11AM Show and Tell 1:30PM Cornhole 2PM Cooking Class- Pretzel Tasting 3PM Bingo 4PM Afternoon Stretch 7PM Crossword	26 9:30AM Sit and Stretch 10:15AM Balloon Volleyball 11AM Manicures & Hand Massage 1:30PM Courtyard Music 2PM Scenic Drive- Veterans Memorial 4PM Move& Groove 7PM Evening Art	27 9:30AM Chair Yoga 10:15AM Arts & Crafts 11AM Potting in Courtyard 1:30PM Lunch Laps 2PM Entertainment- Lou 3PM Catch & Throw 4PM Hand Massage & Manicures 7PM Count Stars in Courtyard	28 9:30AM Chair Exercise 10:15AM Balloon Volleyball 11AM Manicures & Hand Massage 1:30PM Arts & Crafts 2PM Happy Birthday 3PM Popcorn & Movie 4PM Cornhole 7PM Puzzles	29 9:30AM Sit and Stretch 10:15AM Don't Get Caught- Hot Potato 11AM Monopoly 1:30PM Afternoon Stretch 2PM Bingo 3PM Courtyard Music 4PM Shoot Hoops 7PM Evening Art